OCT-DEC 2026

The Northstar:

A Quarterly Newsletter for CRC Seniors

OCTOBER TRIPS

		Activity/Location	bus departs	activity begins
1	Thu	CRC Bingo	12:00	1:00
2	Fri	Meijer + Panera	9:30	10:30
5	Mon	Whetstone Library	11:00	12:00
5	Mon	Bingo @ Northland Sr Village	N/A	2:00
5	Mon	Bingo @ St George	N/A	2:00
6	Tue	Sing & Dance for Fun & Health	9:30	10:30
7	Wed	Walmart Bethel	9:30	10:30
8	Thu	**SENIOR BRUNCH**	9:45	10:30
9	Fri	**Oakland Park Nursery + Lavash**	10:00	11:00
13	Tue	**Early Voting**	9:30	10:30
13	Tue	Relax & Create Art Class	12:00	1:00
14	Wed	Kroger Henderson	9:30	10:30
15	Thu	**Emergency Preparedness Talk**	12:00	1:00
16	Fri	**Senior SELF-CARE DAY**	9:00	10:00
19	Mon	Tech Cafe	9:30	10:30
19	Mon	Bingo @ St George	N/A	2:00
19	Mon	Pumpkin Painting @ NCP	N/A	2:00
20	Tue	Sing & Dance for Fun & Health	9:30	10:30
20	Tue	Pumpkin Painting @ NSV	N/A	2:00
21	Wed	Giant Eagle + First Watch	9:30	10:30
22	Thu	Senior Pantry Shop	9:00	10:00
23	Fri	Marc's	9:30	10:30
26	Mon	Senior Support Group	10:00	11:00
26	Mon	**Early Voting**	12:30	1:30
27	Tue	Relax & Create Art Class	12:00	1:00
28	Wed	Kroger Graceland + Masseys	10:00	11:00
30	Fri	Aldi + Donatos	10:00	11:00

Senior SELF-CARE DAY

Pamper yourself with **FREE HAIRCUTS** by Kelsey & Friends

Explore many avenues of self-care: paint your nails, get a henna tattoo, enter a raffle for free self-care products amoung many other self-care opportunities.

Oct. 16th 10:00-1:30

at the CRC office: 3222 N High St.

The Gift of Preparedness-

Kim Roberts will lead a presentation to help you prepared for life's unexpected emergencies by sharing her personal journey navigating the healthcare system and will help you to create an essential tool: a **Grab and Go Binder.** The event concludes with information on preparing for weather emergencies.

Oct 15 @ 1:00

at the CRC office: 3222 N High St.

TO SIGN UP CALL: 614-268-3539

NOVEMBER TRIPS

		Activity/Location	bus departs	activity begins
2	Mon	Whetstone Library	11:00	12:00
2	Mon	Bingo @ NSV	N/A	2:00
2	Mon	Bingo @ St George	N/A	2:00
3	Tue	Sing & Dance for Fun & Health	9:30	10:30
4	Wed	Walmart Bethel + Dairy Queen	10:00	11:00
5	Thu	CRC Bingo	12:00	1:00
6	Fri	Meijer	9:30	10:30
9	Mon	Senior Support Group	10:00	11:00
9	Mon	Bingo @ NCP	N/A	2:00
10	Tue	Relax & Create Art Class	12:00	1:00
12	Thu	**SENIOR BRUNCH**	9:45	10:30
13	Fri	Aldi + Canes	9:30	10:30
16	Mon	Tech Cafe	9:30	10:30
16	Mon	Bingo @ St George	N/A	2:00
16	Mon	Cooking Activity @ NCP	N/A	2:00
17	Tue	Sing & Dance for Fun & Health	9:30	10:30
17	Tue	Cooking with AA @ NSV	N/A	2:00
18	Wed	Kroger Henderson + McDonalds	9:30	10:30
19	Thu	Senior Pantry Shop	9:00	10:00
20	Fri	Marc's	9:30	10:30
23	Mon	Senior Support Group	10:00	11:00
24	Tue	Relax & Create Art Class	12:00	1:00
24	Tue	**Movie @ Wesley Glen**	10:00	11:00
25	Wed	Kroger Graceland	9:30	10:30
30	Mon	**Cooking with AA @ CRC**	12:00	1:00

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Leaf Raking Assistance for CRC Senior Services Clients
Call to reserve a spot for one of two dates:
October 24
or
November 7

Movie at Wesley Glen

Night at the Museum

November 24 @ 11:00

Thanksgiving Hot Meal Delivery is being provided by St James

Sign up by November 6

Must be home Thanksgiving (Nov 26) from 9am-Noon to receive meal

Non-perishable Holiday Food Bags
will be delivered December 5 from 9am-Noon
Sign up by November 13





UPCOMING CRC CLOSURES:
October 12
November 11
November 26 & 27
December 25 through January 4

Holiday Gifts
Sign up by November 6 to receive a Holiday Gift

Gifts will be available on a first come, first served basis

Gift Delivery is December 12 from 9am-Noon

Medicare Open Enrollment runs from **Oct 15-Dec 7**. During this time you can make change your Medicare coverage. Call **OSHIIP Hotline** (Ohio Senior Health Insurance Information Program) for more info **800-686-1578**

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DECEMBER TRIPS

		Activity/Location	bus departs	activity begins
1	Tue	Sing & Dance for Fun & Health	9:30	10:30
2	Wed	TJMaxx + Homegoods	9:30	10:30
3	Thu	CRC Bingo	12:00	1:00
4	Fri	Meijer	9:30	10:30
7	Mon	**Main Library Holiday Trains**	11:00	12:00
7	Mon	Bingo @ NSV	N/A	2:00
7	Mon	Bingo @ St George	N/A	2:00
8	Tue	Relax & Create Art Class	12:00	1:00
9	Wed	Kroger Henderson + White Castle	9:30	10:30
10	Thu	**SENIOR BRUNCH**	9:45	10:30
11	Fri	Aldi	9:30	10:30
14	Mon	Senior Support Group	10:00	11:00
14	Mon	BINGO @ NCP	N/A	2:00
15	Tue	Sing & Dance for Fun & Health	9:30	10:30
15	Tue	Games @ NSV	N/A	2:00
16	Wed	Walmart Bethel + Shawerma Bite	10:00	11:00
17	Thu	**Polaris Mall Shopping**	9:30	10:30
18	Fri	Marc's + Rooster's	10:00	11:00
21	Mon	Tech Cafe	9:30	10:30
21	Mon	Bingo @ St George	N/A	2:00
21	Mon	Games @ NCP	N/A	2:00
22	Tue	Relax & Create Art Class	12:00	1:00
23	Wed	Kroger Graceland	9:30	10:30



Office Phones will be down from **December 24-January 4**
Please do not call or attempt to leave messages during this time

Hydration is very important!

Our concern for safety also means that for riders on our buses we ask that riders observe **a limit of 2 large cases of water.**

If you purchase more than 2 cases of water and attempt to load them on the bus, you will need to leave the excess items at the store.

A Brita filter pitcher is a healthier & cheaper alternative to bottled water.
CRC can help you acquire one. Please reach out to Debra Martin, SSS Director if you like to take advantage of this offer.

Satisfaction Survey calls are being made in September and October. Please take time to share your thoughts when you are called.

All responses are helpful to continue grant funding and improve our services.



Catholic Social Services will pay seniors 55+ a tax free stipend and mileage reimbursement to volunteer for one-on-one or small group Math and Reading assistance in different Elementary Schools.

Call Katie Pawsey to sign up:
614-857-1221

Early Voting Rides

Take our bus to the Board of Elections
Oct 13 @ 10:30
Oct 26th @ 1:30

Bring a valid ID

Check your voting registration ahead of time by calling 614-525-3100

THANKS TO OUR SPONSORS

COAAA CENTRAL OHIO AREA AGENCY ON AGING

franklin county SENIOR options
614-525-6200

Franklin County Board of Commissioners OFFICE ON AGING